

# NEWS

CONTACT: M.J. Gilhooley  
Media Relations, Focal Point Communications  
Phone: (818) 920-6622  
E-mail: info@plantsatwork.org

FOR IMMEDIATE RELEASE

## NEW RESEARCH EQUIPS FACILITY MANAGERS WITH POTENT, TIMELY DATA

**Los Angeles, CA, November 10, 2001-** New data has recently become available that is shifting the way business thinks about the role of plants in the facility management equation. No longer just a pretty face, plants are hard at work de-stressing and maximizing productivity in offices throughout America. And--just in time. An organization named *Plants at Work* has assembled a rich body of recent findings on the astounding benefits of interior plants in buildings and facilities.. Plants have proven to enhance productivity by 12%. Employees exposed to plants exhibit positive emotions such as happiness and assertiveness while plants diminish negative emotions such as sadness and fear. Interior plantscapes are dramatically improving both the recruitment and retention of top employees. Plants have proven to be an economical way to manage the growing risks and liabilities associated with poor indoor air quality (IAQ). Finally, interior plants provide the office with a much-needed touch of humanity while stimulating a more productive environment. According to one of the *Plants at Work* endorsers “Whether it is a single plant on each desk or a lush common area atrium, the calming psychological aspect of interior plants has never been so acutely necessary to the workplace environment.”

###

### **Sources/ for More Information:**

For a copy of the complete article and bibliography *Plants at Work: Improving Asset*

*Performance*: please see: [www.plantsatwork.org](http://www.plantsatwork.org) or write [mj@plantsatwork.org](mailto:mj@plantsatwork.org)

*Dr. Lohr /Stress & Productivity*-<http://www.wsu.edu/~lohr/hih/productivity/>

[www.endowment.org/projects/1993/lohr.html](http://www.endowment.org/projects/1993/lohr.html)

*Other Human Resource Findings*- [http://www.hermangroup.com/alert/archive\\_4-11-2000.html](http://www.hermangroup.com/alert/archive_4-11-2000.html)

*Oxford Studies/ Psychological Benefits*-[www.surrey.ac.uk/News/Releases/blooming.html](http://www.surrey.ac.uk/News/Releases/blooming.html)

[www.interiorscape.com/rentokil/](http://www.interiorscape.com/rentokil/)

*Resources on People-Plant Interactions* -[www.hort.vt.edu/human/human.html](http://www.hort.vt.edu/human/human.html)

*Plants' Effect on IAQ*-[www.wolvertonenvironmental.com/air.htm](http://www.wolvertonenvironmental.com/air.htm)

[www.plants4cleanair.org](http://www.plants4cleanair.org), <http://www.wsu.edu/~lohr/hih/air/>

*Plants' Effects on Working Environment*-[www.plants-for-people.org](http://www.plants-for-people.org)